

UNITED STATES DISTRICT COURT
WESTERN DISTRICT OF WASHINGTON
AT SEATTLE

STATE OF WASHINGTON, et al.,

NO.

Plaintiffs,

DECLARATION OF R.T.

V.

DONALD J. TRUMP, in his official capacity as President of the United States of America, et al.,

Defendants.

ATTORNEY GENERAL OF WASHINGTON
Complex Litigation Division
800 Fifth Avenue, Suite 2000
Seattle, WA 98104
(206) 464-7744

1 I, R.T., declare as follows:

2 1. I am over the age of 18, competent to testify as to the matters herein, and make
3 this declaration based on my personal knowledge.

4 2. I live in Tacoma, Washington with my husband of 21 years and our three children,
5 ages 18, 14, and 10.

6 3. I work in the administrative office of a public elementary school and my husband
7 works in the private sector.

8 4. I have chosen to use my initials and refer to my three children as "Child A",
9 "Child B", and "Child C" because I am fearful for my family's safety due to the heightened anti-
10 trans rhetoric in the current political environment.

11 5. Child A, my oldest, assigned male at birth, identifies as non-binary and uses
12 they/them pronouns.

13 6. Child B, my middle child, assigned male at birth, identifies as transgender female
14 and uses she/her pronouns.

15 7. Child C, my youngest, assigned female at birth, identifies as transgender male
16 and uses he/they pronouns.

17 8. My oldest, Child A, came out as non-binary in the seventh grade and began using
18 they/them pronouns. My husband and I were very supportive and began sharing this with family,
19 friends, and trusted community members. When Child A was ready, we notified Child A's school
20 of their preferred name and preferred pronouns. Child A is now 18 years old and about to
21 graduate high school. They have been accepted to Pacific Lutheran University to study nursing
22 and couldn't be more excited about what the future holds for them.

23 9. When Child B was in sixth grade, she started thinking that she was non-binary,
24 but after about a year, she realized non-binary did not feel right to her, and that she's actually
25 transfemme. In the seventh grade, Child B started socially transitioning, using her new chosen
26 name and she/her pronouns.

1 10. Midway through seventh grade, Child B was physically assaulted. A student
2 grabbed her from behind and strangled her. The attack was interrupted by another student who
3 happened upon them. Child B was deeply traumatized, and her mental health drastically
4 deteriorated. One night after the attack, around 11 p.m., Child B came downstairs and told me
5 she was really scared. She said she wasn't in a good place and was thinking about drinking
6 bleach. She said she had been having suicidal ideation for some time. We immediately took her
7 to the emergency room where they kept her overnight for observation. As a parent, I can't begin
8 to explain how completely heartbreakingly this was for our family. My sweet, loving child was
9 suicidal, and she had a plan. We were unable to find an inpatient program for her after, so she
10 started getting outpatient treatment. Recently we found her a psychiatrist with whom she'll have
11 her first appointment this week.

12 11. After the attack, we did not feel Child B was getting the support she needed at
13 her school, so she finished the remainder of the school year with the district's online program.
14 The following school year we switched Child B to a smaller K-8 Montessori school in our district
15 which was a much more supportive and gender-affirming environment. We immediately began
16 to see a positive shift in her mental health. She was feeling more confident again. She was
17 advocating for herself and her fellow students.

18 12. About a year ago, Child B started her medical transitioning with puberty blockers.
19 She will soon begin taking estrogen. She is doing incredibly well in high school. She has good
20 grades and is affirmed and respected by her peers for who she is. Child B feels like she is on the
21 right path for the life she wants for herself and has truly come a long way from where she was
22 just a few short years ago.

23 13. Our youngest, Child C, began puberty early. In kindergarten, he started
24 developing breast tissue. When he was in second grade, Child C began exploring whether he
25 might be non-binary. By the end of third grade, he discovered he identified more as
26 transmasculine. Child C struggled a lot in school while working through his gender identity. He

1 experienced a lot of anxiety. Child C started seeing a therapist and was prescribed anti-anxiety
 2 medication by his pediatrician.

3 14. Once Child C realized he was transmasculine, Child C was ready to share his
 4 preferred pronouns with his classmates right away. Knowing we would be transferring Child C
 5 to the same Montessori school Child B went to, I suggested he start his social transition when he
 6 changed schools. But Child C did not want to wait. I describe it like trying on clothes. You're
 7 looking for that outfit that feels amazing when you put it on, and when you find it, you never
 8 want to take it off. As soon as Child C settled into his true identity, he felt incredible. We made
 9 clear he had our support.

10 15. Unfortunately, Child C also experienced an immediate loss of friends. The
 11 counselor he was seeing, a licensed mental health counselor (LMHC) that came to campus, was
 12 not being gender-affirming and kept misgendering Child C, so Child C decided to take a break
 13 from counseling. He still does not feel comfortable enough to trust and open up to another
 14 counselor after that first experience, but we are hoping that will change with time. We have
 15 Child C on waiting lists for therapists that specialize in gender-affirming care but due to there
 16 being so few, we haven't been able to find one that is currently accepting new patients, so that
 17 has been a struggle as well.

18 16. Child C started his period in the third grade. His pediatrician put him on a
 19 menstrual blocker. While the menstrual blockers have helped, Child C still experiences
 20 breakthrough bleeding. Those days are very traumatic for Child C. It compounds the emotional
 21 conflict of feeling miserable in his body and makes his struggle with gender dysphoria
 22 significantly worse.

23 17. Child C cannot start hormone replacement therapy yet due to his age. In the
 24 meantime, his body continues to develop. In our family, large breasts are normal and if Child C
 25 is not able to get puberty blockers, his breasts will get larger. He will have to continue binding
 26 his chest, but that is not healthy long term.

1 18. If the Executive Order were to stand, the consequences would be detrimental to
 2 my three children. They have all already faced so many struggles and obstacles before they came
 3 into themselves. They struggled with gender dysphoria, have constant nightmares, been verbally
 4 and physically attacked, suffered severe depression and anxiety, self-harm, missed a significant
 5 amount of school (which in turn required my husband and I to miss a significant amount of
 6 work), and the list goes on. The thing that has helped my children through their journeys, along
 7 with the love and support of their family, is gender-affirming care. I'm concerned about what
 8 being denied hormone treatment would do to Child B and Child C's mental health. My bigger
 9 concern is that if they are denied puberty blockers, their puberty will resume. Child B's voice
 10 would deepen, she would grow facial hair, an Adams Apple, and all her softened facial features
 11 would become masculine. Child C's breasts would grow, and he would develop female
 12 characteristics. I worry for both of them that this will do permanent harm and fear they'll fall
 13 into deep mental health crises.

14 19. Gender-affirming care has been absolutely vital to my children's well-being. The
 15 thought of this lifesaving care being taken away is terrifying. Their hope for the future would be
 16 stripped away. My husband and I have been researching alternatives for ways we can continue
 17 to support our children and get them the gender-affirming care they need if this Executive Order
 18 stands, but we are scared. We are scared for the safety of our children. We are scared for what
 19 this means for their future. And we can't help but be frightened when we see some states trying
 20 to take kids away from parents because they are gender-affirming.

21 20. We are determined to do everything we can to protect them. We have been safety
 22 planning and rehearsing what to do in different situations where they may be harassed or
 23 threatened. I have completely started over on social media accounts so that the only people who
 24 can see my posts are safe for my children. Child B has started carrying pepper spray.

25 21. I am grateful that the Washington Attorney General's Office is bringing this
 26 lawsuit, they are doing what I am unable to do as an individual. We do not have the financial

1 means to fight against a government of oligarchs. Any resources that we have, or other families
2 like us have, would be minuscule compared to their endless money and resources. I also fear for
3 the safety of my family if our identities were to be made public. I just want to keep my children
4 safe as they try to navigate through an increasingly hostile world.

5 I declare under penalty of perjury under the laws of the State of Washington and the
6 United States of America that the foregoing is true and correct.

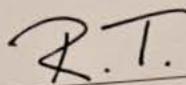
7 DATED this _____ day of February 2025, at _____, Washington.

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10 R.T.
11 Parent of Child A, Child B, and Child C
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4 safe as they try to navigate through an increasingly hostile world.

5 I declare under penalty of perjury under the laws of the State of Washington and the
6 United States of America that the foregoing is true and correct.

7 DATED this 4 day of February 2025, at Tacoma, Washington.



8 R.T.
9 Parent of Child A, Child B, and Child C

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DECLARATION OF R.T.